#5 Gertrude Walker Elementary Specials Choice Board

Directions: Choose at least one activity from each special's column each week. Color in the squares you complete. Try to complete as many squares as possible. Have fun! Please share pictures of your activities with us!

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Miss Shiloh's Art	Mr. Thornton's PE	Just for FUN!	Mrs. Cessna's Music	Mrs. Knight's Library
Map! Draw a map from your house to the school.	Dribble challenge! Go outside and dribble a ball 100 times with each hand. Can you dribble 100 times with each hand while moving?	Watch a Movie! Watch a movie and talk about the characters feelings.	Sing! Sing YMCA with others.	Read! Read a book that the setting is inside a house. What book did you read?
Paint! Paint a plant you see growing in your yard.	Go Outside! Go outside and play catch. Grab any kind of ball and play catch with someone. Keep your eyes on the ball.	Kindness! Do one random act of kindness.	K: Read & color 2 pgs. in Rhymes 1-2: Read & color 2 pgs. in Rhymes & share with others 3-4: Read & color Mozart in Composer's Booklet	Read or Listen to a Book! Mrs. Knight's GW Library Destiny Page! Read or listen to a book or do an activity on the Mrs. Knight's page.
Create! Create a bridge out of items found in your home.	10! As fast as you can do 10 arm circles forwards and 10 backwards. Then do 10 forward punches with each hand. Repeat 10 times.	Free Space! GO WASH YOUR HANDS!!!	K: Read and color 2 pgs. in Rhymes 1-2: Read & color 2 pgs. in Rhymes & share with others 3-4: Read & color Brahms in Composer's Booklet	Read out Loud! What book did you read?
Draw with Someone! You and someone in your home both draw one of your favorite toys. Compare your drawings. Remember to be kind and use our critique rules.	Mindful senses! What do you notice around you? Find 5 things you can see. 4 things you can feel. 3 things you can hear. 2 things you can smell. 1 thing you can taste.	Walk Around Your Neighborhood! Go for a walk around your neighborhood and see how many teddy bears you can find and count.	K: Sing Yankee Doodle, Music Music Music & I'm a Little Teapot 1-2: Sing Yankee Doodle, I'm a Little Teapot & Itsy Bitsy Spider 3-4: Sing Catch a Falling Star & teach to others & sing in rounds	Read a Book! Read a book with rhyming words. What were some of the rhyming words in the story?
Secondary Color Art hunt! Look in your cabinets can you see any secondary colors on the boxes?	Crawl like a seal! Lie on your stomach. Arms straight like a push up. Use your arms to pull your lower body along. Keep your legs and back straight.	Write a Self- Compliment List!	Listen & Dance! K-1-2-3-4: Listen to Music & Do a Dance & Teach it to others	Read while standing up! Did you like reading while standing up? Why or why not?