

## #7 Gertrude Walker Elementary Specials Choice Board

Directions: Choose at least one activity from each special's column each week. Color in the squares you complete. Try to complete as many squares as possible. Have fun! Please share pictures of your activities with us!

Miss Shiloh's Art	Mr. Thornton's PE	Just for FUN!	Mrs. Cessna's Music	Mrs. Knight's Library
<b>Draw &amp; Color!</b> Draw and color a picture of what you can see out your window.	<b>Plank!</b> Hold a plank as long as you can. Then challenge others to see who can hold a plank the longest.	<b>Find the Bears!</b> Go for a walk around your neighborhood and see how many teddy bears you can find and count.	<b>Read &amp; Color!</b> K-1-2: Read and color 2 pgs. in Rhymes Booklet. 3-4: Read & Color Gershwin.	<b>Read!</b> Read a book that has a number word in the title.
<b>Sketch!</b> Brainstorm what cars of the future might look like. Sketch out your ideas	<b>Sworakit App!</b> Use the app Sworakit Fitness and create your own exercise routine. If you can't get the app just create an exercise routine for yourself.	<b>Game!</b> Make up a game that involves a ball, and play your game with a family member or a friend.	<b>Read &amp; Color!</b> K-1-2: Read and color 2 pgs. in Rhymes Booklet. 3-4: Read & Color Joplin.	<b>Read!</b> Read using a whisper voice. Try a reading in a different voice. What voice did you use?
<b>Create a Diagram!</b> Using your favorite media create a diagram of your bedroom.	<b>Run!</b> Run in place for 30 seconds in every room of your house. Repeat as many times as you like.	<b>Free Space!</b> <b>GO WASH YOUR HANDS!!!</b>	<b>Freeze - Dance!</b> K-1-2-3-4: Freeze - Dance	<b>Read!</b> Read a book by your favorite author. Who is your favorite author?
<b>Paint!</b> Paint a picture of your choice using proper painting techniques	<b>Super Man Challenge!</b> Lay on your stomach and lift legs and arms off the ground and hold for 1 minute. Repeat 3 times.	<b>Kindness!</b> Write someone a kind note.	K: Sing Tennessee Wig -Walk & Teach it to others. Sing Hello. 1: Sing - That's what Friends Are For, Sing Hello. 2: Sing I'd Like to Teach 3: Sing Addams Family 4: Sing Chopsticks	Mrs. Knight's GW Library Destiny Page! Read or listen to a book or do an activity on the Mrs. Knight's page.
<b>Free Choice!</b> Create a piece of art of your choosing and share your art with your family. Tell them why you chose what you did	<b>Family challenge!</b> Who can do the most push ups.	<b>Watch a Movie!</b> Watch a movie and talk about the characters feelings.	K-1-2: Find 8 items to make low and high sounds. Play Rhythms. 3-4: Sing: Seize The Day. Sing The Rhythm of Life and tap the rhythm.	<b>Read!</b> Read a book with a dragon or unicorn in it. What book did you read?